



# WELL

at  
567 Collins St,  
Melbourne





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# WHAT IS WELL?

WELL is the global tool created by International Well Building Institute (IWBI) and has been designed to advance health and wellbeing in buildings, communities and organisations.



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” WE SPEND 90% OF OUR TIME INDOORS. OUR ENVIRONMENT IS THE LARGEST DETERMINANT OF OUR OVERALL HEALTH AND WELLBEING. OUR BODIES AND MINDS ARE IMPACTED BY THE BUILDINGS IN WHICH WE LIVE AND WORK.



# WELL CONCEPTS



AIR



WATER



SOUND



LIGHT



MIND



NOURISHMENT



MOVEMENT



MATERIALS



COMMUNITY



THERMAL  
COMFORT





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# AIR

## The Concept

The WELL Air concept aims to achieve high levels of indoor air quality across a building's lifetime through diverse strategies that include source elimination or reduction, active and passive building design and operation strategies.

## Our Achievements

- Meet thresholds for particulate matter, organic and inorganic gases, radon.
- Prohibit indoor and outdoor smoking
- Adequate and improved ventilation
- Air filtration and supply





# WATER

## The Concept

The WELL Water concept covers aspects of the quality, distribution and control of liquid water in a building. It includes features that address the availability and hygiene of drinking water, the management of water to avoid damage to building materials and environmental conditions

## Our Achievements

- Water quality testing
- Availability of drinking water
- Legionella management plans
- Mold and moisture management
- Support effective handwashing and hand hygiene.





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# SOUND

## The Concept

The WELL Sound concept aims to bolster health and well-being through the identification and mitigation of acoustical comfort parameters that shape occupant experiences in the built environment.

## Our Achievements

- Acoustic design plans for common areas
- Limit background noise levels





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# LIGHT

## The Concept

The WELL Light concept promotes exposure to light and aims to create lighting environments that promote visual, mental, and biological health. The concept aims to provide a lighting environment that reduces circadian phase disruption, improves sleep quality and positively impacts mood and productivity.

## Our Achievements

- Provide indoor light through balanced lighting
- Access to views and natural light
- Glare management





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# MIND

## The Concept

The WELL Mind concept seeks to address and support these drivers of mental health with the goal of improving the cognitive and emotional health and well-being of those living, working, learning and spending time in built spaces.

## Our Achievements

- Provide connection to nature and place through use of materials and design
- Access to nature through local surrounds
- Investa mental health policies and procedures (applicable to Investa employees only)
- Mental health support through medicare.





# NOURISHMENT

## The Concept

The WELL Nourishment concept requires the availability of fruits and vegetables and nutritional transparency. It encourages the creation of food environments, where the healthiest choice is the easiest choice.

## Our Achievements

- Proximity to supermarkets, fresh produce providers and nutritional food offerings.
- Meal support areas including spaces to eat away from a desk.
- Promotion of healthy food choices (Investa employees only)





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# MOVEMENT

## The Concept

The WELL Movement concept encourages physical activity, promotion of active living and reduction of sedentary behaviours, leading to improved mental and physical health, mood and productivity.

## Our Achievements

- High quality End of Trip facilities
- Cycling infrastructure including bike parking on site
- Proximity to local gyms, outdoor activity spaces and cycling lanes.
- Proximity to various public transport modes
- Encourage movement through wellness offerings





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# MATERIALS

## The Concept

The WELL Materials concept aims to reduce human exposure, whether direct or through environmental contamination, to chemicals that may impact health during the construction, remodelling, furnishing and operation of buildings.

## Our Achievements

- Manage and restrict hazardous chemicals on site
- Manage and reduce VOCs in products used throughout the building
- Pest and Waste Management
- Improved cleaning practices using low chemical or chemical free products





# COMMUNITY

## The Concept

The WELL Community concept aims to support access to essential healthcare, build a culture of health that accommodates diverse population needs and establish an inclusive, engaged occupant community.

## Our Achievements

- Promote diversity and inclusion
- Extensive Emergency procedures and resources
- Disclosure of responsible labour practices
- Parental leave, Health and Wellbeing policies (Investa employees only)





# ----- THERMAL COMFORT

## The Concept

The WELL Thermal Comfort concept aims to promote human productivity and provide a maximum level of thermal comfort among all building users through improved HVAC system design and control and by meeting individual thermal preference.

## Our Achievements

- Monitor thermal comfort
- Parameters set and monitored for optimal temperatures
- Humidity and heat management







# 567 COLLINS ACHIEVEMENTS



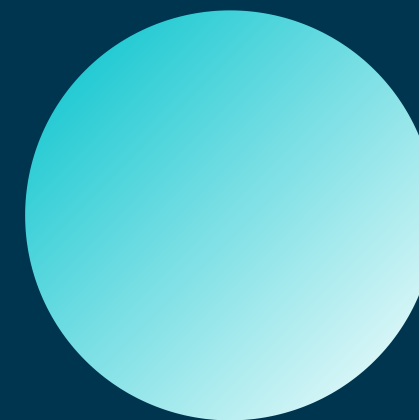
## **WELL at Scale**

Investa are proud WELL at Scale participants with Investa's core assets including in WELL certification.



## **WELL Health Safety**

567 Collins has received a WELL Health Safety Seal for 3 consecutive years.



## **Platinum WELL v2**

Pending final certification, 567 Collins is pursuing a Platinum rating for the asset.





# HELPFUL RESOURCES



## **Why WELL Matters**

An overview of what WELL is  
and why it matters!



## **The WELL v2 Standard**

Every detail of the WELL V2  
Building standard of which 567  
Collins is certified.



## **Comprehensive Research**

An extensive list of research that  
backs the WELL standard and  
certification process.





For more  
information, please  
speak with the  
building management  
team.